

LEVEL THREE



More Insights into Vibrant Health for a Lifetime

CELLULAR HEALTH IS THE KEY TO FEELING GOOD & VIBRANT THROUGHOUT ALL OF OUR LIVES FROM BIRTH TO ADVANCED AGING. IN THIS SEMINAR YOU WILL LEARN...

- Tips for supporting cellular health
- How to identify where in the body toxins are in the process of degenerating our cells & how to move them out
- How to help various physical ailments using emotional oils
- Causes of high blood pressure, high cholesterol, skin issues, headaches & other common maladies & how essential oils give support to our bodies
- About hormonal issues, getting to their root cause, & how to help the body balance hormonal function
- A more in depth look at how supplements & oils support better health
- How to identify what organ systems are our most stressed & the oils & supplements that support them
- What PH is, why it is essential to good health, & how to improve yours
- Understanding God's Design Connection more in depth
- How examining our faces, tongues, and nails helps us to achieve optimal health.



Seminars may be scheduled on Friday evenings or on Saturday from 10:00 am – 3:00 pm. All three seminars can be done on a Friday night and all day Saturday. Fees for seminars is \$50.00 per person or \$65.00 per couple. If all three seminars are scheduled in one weekend, the fee is \$125.00 per person or \$165.00 per couple. For more information or to schedule a seminar, contact: c-lifeinc@mail.com.

The Design Connection *Seminars*

Betty Magill, ND

I will praise You;
for I am fearfully
and wonderfully
made: marvelous
are Your works; and
that my soul knows
right well.

--Psalm 139:14



LEVEL ONE



for
S VIBRANT HEALTH

B **A** **S** **I** **C**
LEARNING THE BASICS
FOR HEALTH POSITIONS THE
BODY TO EXPERIENCE VIBRANT
HEALTH ON A DAILY BASIS

YOU WILL LEARN...

- God's Design for vibrant health
- How to customize a health plan tailored to your body's needs
- How to use whole food supplements & essential oils to feel better everyday
- How toxins are the primary cause of chronic disease
- How to reduce the toxic load in your body to reduce the chance of chronic disease
- Tips for improving your immune system
- Tips for better sleep
- Tips for getting the most out of your exercise regimen
- Stress causes all disease. How to minimize your stress levels

LEVEL TWO



Vibrant Health for a Lifetime

BUILDING UPON THE *Basics for Vibrant Health*, LEVEL TWO HELPS YOU TO UNDERSTAND WHY THERE IS MORE CHRONIC DISEASE TODAY THAN EVER BEFORE, & WHAT YOU CAN DO TO PROTECT YOURSELF

YOU WILL LEARN...

- Why toxins are the fast train to degeneration
- How to avoid certain toxins
- The root cause of symptoms
- How the organs & glands function & how to support them
- The whole food supplements & essential oils that support each body system
- Which essential oils support gut health
- Where anti-biotic resistant bacteria comes from & how to avoid them
- How & why fungus negatively affects the nervous, endocrine (hormones), & digestive systems & suggestions for what oils to use to support these systems
- Tips on what oils & supplements support cellular health
- Tips on using essential oils for emotional well being
- How thoughts affect our health & tips for keeping our thoughts under control.

